

Things on the walk

Abandoned pubs:

The Seven Stars, Brick Lane
The Carpenter's Arms, Cheshire St
Nameless (Red), Three Colts Lane
Duke of Wellington, Three Colts Lane

Architectural Oddities:

Frankle Trimmings, Bethnal Green Rd (look right at the end of Buckfast St)
Flying Hut, Pedley St

Churches and Places of Worship:

St Matthews Bethnal Green, St Matthews Row
Built on the Rock International Ministries, Herald St
Good News Assembly, Cambridge Heath Rd
St John Bethnal Green, Cambridge Heath Rd

Interesting Shop Windows:

Banglatown Cash and Carry, Spital St
Shoe shop, Cheshire St
City View 2, Cambridge Heath Rd
City Supermarket, Cambridge Heath Rd

Offices in Makeshift Buildings:

Virsons Ltd, Blue shed at the top of stairs, Dunbridge St
ITC Taxis, Three Colts Lane, near the station
Electrical Substation, Coventry Street next to the railway arch
Cudworth Street, right next to the railway line

Places to kiss:

By the bushes on Parmiter Street

Places to have a cup of tea:

Rosa's Café, Hanbury St
Pellici's, Bethnal Green Rd
Oxford House Café, Derbyshire St
Daily Café, Three Colts Lane
Arches Café, Three Colts Lane

Places to have a pint of beer:

The Pride of Spitalfields, Heneage St
The Approach Tavern, Approach Rd
The White Horse, Bishops Way

Places to pause:

Footbridge over the railway, Pedley St, wait for a train to pass underneath
St Matthews church, St Matthews Row – or in the porch if closed
Low brick wall at the petrol station, end of Paradise Row

Miscellaneous:

Ram with silver eyes, Buxton Street
New Bestway

Places to pee:

Bushes on Parmiter Street
Oxford House, Derbyshire St
See also: Places to have a cup of tea/ Places to have a pint of beer

Places to sit:

In the green space, between Buxton St and Pedley St
2nd bench on the right, Weavers Fields (coming from Three Colts Lane)
St Matthews churchyard, St Matthews Row

Places to visit:

Spitalfields City Farm, Weaver St
Repton Boxing Club, Cheshire St
KPM School of Knowledge, Vallance Rd
Mayfield House Coin Operated Automatic Laundry, Cambridge Heath Rd
Burial Ground, Brady St – closed and slightly off the route, but beautiful to look into from the gate

Smells:

Drains, Vallance Rd/Fakruddin St
Fried Chicken, Weavers Fields
Pastries/Cakes, Glass St
Pastries/Cakes, Bishops Way

Things on the ground:

Painted green line, Brick Lane and Pedley St
Romance Novels, Grimsby St
Tyres, Glass St
Puddle, corner of Witan St and Cambridge Heath Rd

Things that have gone:

Ayshford House, Weavers Fields
Wei Hong Oriental Mini Market, Cambridge Heath Rd
Hole in the red wall, Bishops Way
The heap that was Bestway, Bishops Way

Views into/out of the city:

Pedley Street, just before the tunnel to the footbridge, southwest to the city
Derbyshire Street entrance to Weavers fields, looking southwest to the city
Three Colts Lane, outside the station looking directly west

Stop the walk I want to get off:

Bethnal Green station, Three Colts Lane, to Liverpool St
Bethnal Green tube, Cambridge Heath Rd, to Liverpool St
Cambridge Heath station, Cambridge Heath Rd, to Bethnal Green and Liverpool St
Bus 254, Cambridge Heath Rd, to Aldgate
Bus 8 and 388 Bethnal Green Rd, to Liverpool St